

# Inclusive language

The UK Government recommends that respectful terminology (in regard to disability) includes:

## Use

wheelchair user

disabled (people),  
people with  
disabilities

non-disabled

people with visual  
impairments; blind  
people; blind and  
partially sighted  
people

deaf, user of British  
Sign Language (BSL),  
person with a  
hearing impairment

person with a  
mental health  
condition

## Avoid

confined to a

wheelchair,  
wheelchair-bound

(the) handicapped,  
(the) disabled

able-bodied

the blind

deaf and dumb;  
deaf mute

mental patient,  
insane, mad

Source: [gov.uk](http://gov.uk)